



S'more Smiles Pediatric Dentistry

IV Sedation Instructions

Please remember: It is important for your child's safety that you follow these instructions carefully.

{Your child's appointment may be canceled if these instructions are not followed}

Food and Drink Instructions:

It is EXTREMELY important that your child have an empty stomach given an anesthetic. It will reduce the danger of vomiting and inhaling stomach contents into lungs while your child is asleep. You must follow these instructions or your child's procedure will be canceled to ensure his/her safety. **We request no solid foods or milk (orange, pineapple, tomato juice, milk, etc) are ingested after the midnight before the appointment. Clear liquids can be drank, but only a few sips and at 3 hours prior to the appointment, no later.** This fasting is for your child's safety. A pediatric anesthesia nurse will be contacting you prior to the appointment to go over specific post operative fasting instructions as well as to confirm the appointment.

Confirmation:

A \$50 deposit is required to schedule and will be non-refundable without 48 hours notice. So, please double check your schedule.

Medications:

Some medicines should be taken and others should not. It is important to discuss this with your anesthesiologist or nurse during the consultation appointment prior to the appointment. Patients should take their usual medications with a sip of water on the morning of their appointment.

Arriving at the Appointment:

We request you are at least 30 minutes prior to your scheduled appointment time. A parent or guardian should accompany the child and must remain until the treatment is complete.

Clothing/Dress:

We recommend your child come in comfortable, loose fitted clothing (pajamas, track/sweat pants and a t-shirt). If you are bringing a young child, please do not dress them in a "onesies" or "footy" pajamas. We often recommend a second set of clothing because it is possible they might have an accident. If your child wears diapers or pull-ups make sure they are fresh and bring a pack up pair the day of surgery.

Change in Health:

If there are any changes in the child's health, such as a chest cold or a fever the day of treatment, please contact our office immediately to reschedule.

Activities afterwards:

DO NOT plan activities for the child after treatment. Your child will likely want to rest upon returning home. Do not send your child to school or plan for activities. Please monitor your child throughout the day following surgery. They will be able to return to school the following day.

Please call or text our clinic phone number if you have any questions or concerns: 256-398-6502