



S'more Smiles Pediatric Dentistry

General Anesthesia Instructions

Please remember: It is important for your child's safety that you follow these instructions carefully.

{Surgery may be canceled if these instructions are not followed}

Food and Drink Instructions:

It is EXTREMELY important that your child have an empty stomach given an anesthetic. It will reduce the danger of vomiting and inhaling stomach contents into lungs while your child is asleep. You must follow these instructions or your child's procedure will be canceled to ensure his/her safety. **We request no solid foods or milk (orange, pineapple, tomato juice, milk, etc) are ingested after the midnight before the appointment. Clear liquids can be drank, but only a few sips and at 3 hours prior to the appointment, no later.** This fasting is for your child's safety. A member of the CRMC anesthesia team will be contacting you prior to the appointment to go over specific post operative fasting instructions as well as to confirm the appointment.

Medications:

Some medicines should be taken and others should not. It is important to discuss this with your dentist during the consultation appointment prior to surgery. Patients should take their usual medications with a sip of water on the morning of their surgery.

Arriving at the Appointment:

A member of the CRMC anesthesia team will contact you the day before surgery to give you your time to arrive at the hospital. A parent or guardian should accompany the child to the hospital and must remain until the treatment is complete.

Clothing/Dress:

We recommend your child come in comfortable, loose fitted clothing (pajamas, track/sweat pants and a t-shirt). If you are bringing a young child, please do not dress them in a "onesies" or "footy" pajamas. We often recommend a second set of clothing because it is possible they might have an accident. If your child wears diapers or pull-ups make sure they are fresh and bring a pack up pair the day of surgery.

Change in Health:

If there are any changes in the child's health, such as a chest cold or a fever the day of treatment, please contact our office immediately.

Activities afterwards:

DO NOT plan activities for your child after surgery. Your child will likely want to rest upon returning home. Do not send your child to school or plan for activities. Please monitor your child throughout the day following surgery.

Please call or text our clinic phone number if you have any questions or concerns: 256-398-6502